

Victoria Hills Neighbourhood Association

10 CHOPIN DR, KITCHENER, ON N2M 2G2—519-741-2717



Spring 2025



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Victoria Hills Community Centre Registration

Registration for all VHNA Spring programs will begin

**Tuesday, March 11 starting at
8:30 AM**

Register in person or
online at www.kitchener.ca/activenet

Phone: 519-741-2717

Visit our website: www.vhna.ca

Email: programming@vhna.ca

See page 4-5 for more information on ACTIVE Net.

Victoria Hills Neighbourhood Association Message from VHNA Board

Dear Community Member,

Spring is an exciting and hopeful time of the year, when, after a long (and snowy) Winter, many people get excited for the promise of change and a fresh start to things. The sun shines brighter and longer, we can take off our winter coats and boots, and plants and flowers burst into bloom. The Board of Directors of the Victoria Hills Neighbourhood Association (V.H.N.A.) is excited for Spring as well, and after a successful Winter Session we're primed and ready to go for a splendid Spring!

In addition to running many different programs for the residents of our neighbourhood, the VHNA was delighted to present our first WinterFest event at the V.H.C.C. this past December. For our first big community event since the Pandemic, we were thrilled to have many of our young piano students (and a few other young friends from the community) perform for our guests. Our friends from Pathways provided some awesome youth volunteers who brought energy and positivity to make the party even livelier. We had a room for kids to get creative with Artshine, a room for people of all ages to get their faces painted (I myself had a wonderful snowflake placed on my cheek for the entire event), and activities provided by EarlyOn and Project Read. A group of local entrepreneurs set up shop with their wares, snacks were served and music was played. But the highlight of the event must have been when Santa Claus himself came to the Community Centre to pose for pictures with many local families. We were overjoyed with how many people came out, and proud to have hosted an event to bring the Holidays to our area. Special thanks to Canadian Superstore for their kind donation.

If this event sounds like fun to read about, then I'm hoping you will mark the date of Saturday, April 26th on your calendar - that's the date that we're planning to host our first Springfest event. The event will kick off at 12:00 pm with a Community Clean-up of Gzowski Park, which always benefits from a little love and care after a long and busy Winter season. We're hoping for lovely Spring weather for a chance to play some music, offer some games and fun, and have a blast while also helping to take care of a park that means so much to us. More details will be posted online and at the Community Centre soon, so stay tuned for more details as the date draws near.

I hope that you find the contents of this flyer exciting and informative. There are many amazing programs to choose from, all staffed with local instructors who are passionate about the community and what they do. Our aim is to provide recreational and educational opportunities to our community, and I hope you find something interesting for you and those close to you. Have a happy Spring!

Sincerely,
Dave Hayes
Secretary, VHNA

We would like to acknowledge this community centre is situated on land that is the traditional home of the Haudenosaunee (Ho-deh-no-show-nee), Anishinaabe (Ah-nish-nah-bay) and Neutral People.

We recognize and deeply appreciate their historic connection to this place. We also recognize the contributions Indigenous peoples have made in shaping and strengthening this community. We are grateful for the opportunity to meet here and re-affirm our collective commitment to make the promise and the challenge of Truth and Reconciliation real in our community.



Members of the Victoria Hills Neighbourhood Association at our recent WinterFest party, December 7th, 2024 at the Victoria Hills Community Centre

A Word From Your Councillor



Councillor **Margaret Johnston**
Ward 8



Hello Victoria Hills residents!

Happy Spring! There are many wonderful things going on at the Community Centre and programs and events being offered by the Victoria Hills Neighbourhood Association (VHNA)!

Spring is an excellent time to get out and meet people in the community. On Saturday, April 26th the VHNA is hosting SpringFest at the Community Centre from 12-3pm. Lots of fun activities to participate in - browse items at the local business market, enjoy games, participate in the community park cleanup - light snacks will be provided. If you are interested in being a vendor, email them at market@vhna.ca

Another way to get involved with the community is to consider joining the VHNA board, or just attending the Annual General Meeting (AGM) and offering to be a volunteer. While there is not a date set yet for the AGM, there will be signs up promoting the event ahead of time. We are blessed in Vic Hills to have a dedicated group of board members and volunteers who help make the events and programs you attend at the VHCC possible. Volunteering allows you to meet new people who share a love of community, I hope you will consider participating as well. A wonderful new addition to the Community Centre is the Kitchener Public Library lockers. You can pick up holds, browse, borrow and return items to the library locker during the Centre's open hours. All you need is a library card! The lockers are available on a first-come, first-served basis and are refreshed each week. I hope you check out this great new service at the VHCC!

Please contact me with any questions or concerns you may have at: councillor.johnston@kitchener.ca, or call me at 519-741-2796.
Sincerely,

Councillor Margaret Johnston - Ward 8

Victoria Hills Neighbourhood Association invites you to our

Spring Fest

APRIL 26TH, 2025 AT 12-3 PM

VICTORIA HILLS COMMUNITY CENTRE 10 CHOPIN DR, KITCHENER



Advanced program registration coming soon for Kitchener residents

NEW! In time for 2025 camp registration (March 2025) and summer program registration (June 2025), Kitchener residents will have a seven-day advance registration period for City-operated programs and camps before registration opens to non-residents for the following:

- All City of Kitchener registered recreation and leisure programming
- All Children's camps
- The City of Kitchener Inclusion Support Worker Program, and
- Any Neighbourhood Association programming that requires registration

This new approach to registration was introduced in response to growing concerns that Kitchener residents, who are the primary funders of city-operated and taxpayer-supported facilities and programs, have struggled to secure spots due to high demand from non-Kitchener residents. It will not impact drop-in programs, facility bookings, ice rentals, pay-as-you-play programming, or third-party programs provided at City facilities. Learn more at www.kitchener.ca/ProgramRegistration.

Inclusion Support



If you or your child has a disability and needs support to join any of our programs, you can apply for an inclusion membership. We will work with you to find the best accommodation, through these methods:

- ◆ Program adaptations
- ◆ 1:1 support
- ◆ Other means of assistance

We also welcome support through personal support workers and our personal attendant for leisure (PAL) program.

Apply online at:

<https://www.kitchener.ca/en/recreation-and-sports/inclusion-support.aspx>

Leisure Access

If program fees are preventing you or a member of your family from joining a City Program, or Neighbourhood Association program fee assistance may be available. You could qualify for \$400 per family member

You can apply online at:

<https://www.kitchener.ca/en/recreation-and-sports/leisure-access-fee-assistance.aspx>

Paper applications are available at any community centre.

For more details please call any community centre.



#neighboursday
#lovemyhood

Host a concert

Sign up at
www.kitchener.ca/NeighboursDay
to host a concert on
Neighbours Day on June 21.

REGISTRATION FOR WINTER 2025

**Registration for all Victoria Hills Community Centre
Spring Programs will begin Tuesday, March 11, 2025
starting at 8:30 am**

ActiveNet Online Program Registration

Existing Accounts

Step 1: Go to www.kitchener.ca/activenet

Step 2: Click on 'Sign In'

Step 3: (First time only) Click on 'Forgot Password' and enter your email address to have your login information sent to you.

If you have an account but it's not accepting your email, please call 519-741-2200 x2907

New Customers

If you've never registered for a City of Kitchener program (or it's been longer than three years) you'll need to create a new account:

Step 1: Go to www.kitchener.ca/activenet

Step 2: Click on sign in/ up

Step 3: Complete your information

In order to register you will need login information (email and password), the course code for the activity you wish to register in (it is also possible to search for the activity), and your credit card number and expiry date.

Refunds and Withdrawals:

A 100% refund will be given if you withdraw from the program more than 7 days before the first day of the program

Refunds will only be given in the same form as the original payment . Cash refunds over \$20 will be refunded by cheque. Please note: If credit is left on an account, the credit will expire after three years

NO REFUND will be given if a request to withdraw is made less than 7 days prior to the first day of the program

Programming Changes:

Programming, pricing, and instructors may be subject to change. For the most up-to-date information please call the Community Centre.

Spectators:

To ensure safety and program quality, spectators are not permitted in the program rooms.

Inclement Weather Policy:

If the center is closed, all programs are canceled for the entire day. A school closure may also cancel most programs. Check your local radio stations or visit www.kitchener.ca for updates. There are no refunds or replacement classes offered when programming is canceled due to inclement weather.

Leisure Access:

The City of Kitchener Leisure Access Fee Assistance offers financial support for residents of Kitchener with low income. Applications can be picked up at any Community Centre, Indoor Pool, City Hall, or online at www.kitchener.ca/feeassistance

VHNA fee Assistance : ***The VHNA will provide some fee assistance to those that have current Leisure Access Fee Assistance. A \$10 or \$5 fee subsidy will be provided for 1 program per session. To know more email: programming@vhna.ca*

Only registered participants are allowed in any program space while programs are in session.

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.

PLEASE NOTE THAT THERE ARE NO CLASSES ON APRIL 21 AND MAY 19 2025

CHILDREN & YOUTH PROGRAMS

Children and Youth Music Programs

Learn to play piano in small group classes. Children must have the ability to remain engaged in the classroom without a parent. Children must also have the ability to follow the teachers instruction in order to learn to read music. Piano provided.



*Due to high demand for the Piano program, each participant is limited to one registration per week *

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Piano for Kids	5-8 Y	\$100/8weeks	Mon 4:30-5:25 pm	Apr 28-Jun 23	172521
	5-8 Y	\$100/8weeks	Mon 5:30-6:25 pm	Apr 28-Jun 23	172522
	6-11 Y	\$100/8weeks	Mon 6:30-7:25 pm	Apr 28-Jun 23	172531
	12-17 Y	\$100/8weeks	Mon 7:30-8:25 pm	Apr 28-Jun 23	172516
	5-8 Y	\$125/10weeks	Tue 4:30-5:25 pm	Apr 22-June 24	172523
	5-8 Y	\$125/10weeks	Tue 5:30-6:25 pm	Apr 22-Jun 24	172524
	6-11 Y	\$125/10weeks	Fri 3:30-4:25 pm	Apr 25-June 27	172525
	6-11 Y	\$125/10weeks	Fri 4:30-5:25 pm	Apr 25-June 27	172526
	6-11 Y	\$125/10weeks	Fri 5:30-6:25 pm	Apr 25-June 27	172527
	6-11 Y	\$125/10weeks	Fri 6:30-7:25 pm	Apr 25-June 27	172528
	6-11 Y	\$125/10weeks	Fri 7:30-8:25 pm	Apr 25-June 27	172536

Youth Art

A youth-led arts based program. Be creative and have fun!

Program	Age	Cost & weeks	Day & Time	Dates	Code
Youth Art	7-12 Y	\$10/10weeks	Fri 6:00-6:55 pm	Apr 25-Jun 27	172549
Youth Art	7-12 Y	\$10/10 weeks	Fri 7:00-7:55 pm	Apr 25-Jun 27	172550

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.

PLEASE NOTE THAT THERE ARE NO CLASSES ON APRIL 21 AND MAY 19 2025

CHILDREN'S & YOUTH PROGRAMS



Children and Youth Sports

Learn team-building skills and have fun with new friends

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Basketball	7-9 Y	\$53/8weeks	Mon 5:00-5:55 pm	Apr 28-Jun 23	172469
Basketball	10-12 Y	\$53/8weeks	Mon 6:00-6:55 pm	Apr 28-Jun 23	172467
Kinder Soccer	3.5-5 Y	\$53/8weeks	Mon 4:40-5:25 pm	Apr 28-Jun 23	172508
Soccer	6-9 Y	\$53/8weeks	Mon 5:30-6:25 pm	Apr 28-Jun 23	172541
Outdoor Soccer	8-13 Y	\$125/8weeks	Tue 4:30-6:00 pm	May 6-Jun 24	172513
Outdoor Soccer	8-13 Y	\$125/8weeks	Wed 4:30-6:00 pm	May 7-Jun25	172514
Multisport	4-6 Y	\$67/10weeks	Wed 4:00-4:45 pm	Apr 23-Jun 25	172510
Basketball	7-9 Y	\$67/10weeks	Wed 5:00-5:55 pm	Apr 23-Jun 25	172468
Girls Basketball	9-12 Y	\$67/10weeks	Wed 6:00-6:55 pm	Apr 23-Jun 25	172496
Girls Basketball	13-17 Y	\$67/10weeks	Wed 7:00-7:55 pm	Apr 23-Jun 25	172495
Girls Soccer	8-11 Y	\$67/10weeks	Fri 5:00-5:55 pm	Apr 25-Jun 27	172497
Soccer	6-9 Y	\$67/10weeks	Fri 4:00-4:55 pm	Apr 25-Jun 27	172539
Soccer	10-12 Y	\$67/10weeks	Fri 4:00-4:55 pm	Apr 25-Jun 27	172540
Soccer	13-15 Y	\$67/10weeks	Fri 5:00-5:55 pm	Apr 25-Jun 27	173538
Family Multisport	3-6 Y	\$67/10weeks	Sat 9:30-10:25 am	Apr 26-Jun 28	172494

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

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CHILDREN & YOUTH PROGRAMS

Children's Dance

Beginner Ballet: Offers the introduction and development of grace, poise, and discipline. Ballet shoes are recommended.

Jazz/Hip Hop: Improve rhythm and coordination while learning new dance moves. No special footwear required.

Kids Dance: Learn simple introductory dance moves to a variety of dance types. No special footwear required.

Name	Age	Cost & Weeks	Day & Time	Dates	Code
Kinder Jazz/HipHop	30m-3 Y	\$67/10weeks	Wed 5:00-5:30 pm	Apr 23-June 25	172507
Beginner Jazz/Hip Hop	4-6 Y	\$67/10weeks	Wed 5:35- 6:30 pm	Apr 23-June 25	172503
Beginner Jazz/Hip Hop	7-10Y	\$67/10weeks	Wed 6:35-7:30 pm	Apr 23-June 25	172505
Beginner Ballet	4-6 Y	\$67/10weeks	Thu 5:35-6:30 pm	Apr 24-Jun 26	172466
Beginner Ballet	7-10 Y	\$67/10weeks	Thu 6:35-7:30 pm	Apr 24-Jun 26	172720
Kinder Ballet	30M-3 Y	\$67/10weeks	Thu 5:00-5:30 pm	Apr 24-June 26	172722
Kinder Ballet	30M -3 Y	\$67/10weeks	Sat 9:15-9:45 am	Apr 26-Jun 28	172506
Kids Dance	3-5 Y	\$67/10weeks	Sat 9:50-10:30 am	Apr 26-Jun 28	172500
Kids Dance	6-8 Y	\$67/10weeks	Sat 10:40-11:25 am	Apr 26-Jun 28	172830

Youth Basketball

***Please register in person**

Program	Age	Cost & weeks	Day & Time	Dates	Code
Youth Night Basketball Jr.	9-12 Y	FREE/10weeks	Fri 6:30-7:25 pm	Apr 25-Jun 27	172551
Youth Night Basketball Jr.	9-12 Y	FREE/10weeks	Fri 7:30-8:25 pm	Apr 25-Jun 27	172552
Youth Night Basketball Sr.	13-17 Y	FREE/10weeks	Fri 6:30-8:25 pm	Apr 25-Jun 27	172553

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.
PLEASE NOTE THAT THERE ARE NO CLASSES ON APRIL 21 AND MAY 19 2025

CHILDREN & YOUTH PROGRAMS

Children's Cooking

Cooking Creations: Join us in the kitchen to create simple and yummy dishes. Supplies included.

Please note, products used in the class may include gluten, dairy, meat, eggs and nuts or nut by products.

***Due to high demand for the Kid's Cooking Creations program, each participant is limited to one registration per week ***

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Kid's Cooking Creations	5-7 Y	\$67/5weeks	Wed 4:30-5:55 pm	Apr 23-May 21	172477
	8-11 Y	\$67/5weeks	Wed 6:00-7:25 pm	Apr 23-May 21	172485
	5-7 Y	\$67/5weeks	Wed 4:30-5:55 pm	May 28-June 25	172491
	8-11 Y	\$67/5weeks	Wed 6:00-7:25 pm	May 28-June 25	173272
	5-7 Y	\$67/5weeks	Thu 4:30-5:55 pm	Apr 24-May 22	172478
	8-11 Y	\$67/5weeks	Thu 6:00-7:25 pm	Apr 24-May 22	172488
	5-7 Y	\$67/5weeks	Thu 4:30-5:55 pm	May 29-June 26	172479
	8-11 Y	\$67/5weeks	Thu 6:00-7:25 pm	May 29-June 26	172489
	5-7 Y	\$67/5weeks	Fri 4:30-5:55 pm	Apr 25-May 23	172475
	8-11 Y	\$67/5weeks	Fri 6:00-7:25 pm	Apr 25-May 23	172493
	5-7 Y	\$67/5weeks	Fri 4:30-5:55 pm	May 30-June 27	173273
	8-11 Y	\$67/5weeks	Fri 6:00-7:25 pm	May 30-June 27	173274



VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session

CHILDREN & YOUTH PROGRAMS

Children's Robotics: STEMOTICS

Learn robotics with LEGO education WeDo. Students are taught engineering basics with an emphasis on exploration and trial and error field-testing

Program	Age	Cost & Weeks	Day & Time	Dates	Code
Beaver Achievers: Fun with Coding	4-6 Y	\$70/4weeks	Sat 9:30-10:25 am	Apr 5-Apr 26	172542
Hour of Code: Exploring Event Loops and Logic	7-9 Y	\$70/4weeks	Sat 10:30-11:25 am	Apr 5-Apr 26	172543
Sphero Indi - An Early Robots with Colour Coding	4-6 Y	\$70/4weeks	Sat 9:30-10:25 am	May 3-May24	172544
Micro: Bit - Introduction to Coding	7-9 Y	\$70/4weeks	Sat 10:30-11:25 am	May 3-May 24	173081
Journey into Coding Adventure	4-6 Y	\$70/4weeks	Sat 9:30-10:25 am	May 31-June 21	173086
Minecraft Education: Design, Build and Code	7-9 Y	\$70/4weeks	Sat 10:30-11:25 am	May 31-June 21	173091

ADULT PROGRAMS

Adult Sport Programs

Meet new friends while enjoying game play and working on skill development. Program time includes set up and take down of net and poles. These are self guided programs, no coaches on site.

Program	Age	Cost & Weeks	Day & Time	Dates	Code
Intermediate Basket-ball	18 Y+	\$53/8weeks	Mon 7:30-8:55 pm	Apr 21-Jun 23	172501
Volleyball	18 Y+	\$70/10weeks	Wed 7:30-8:55 pm	Apr 23-Jun 25	172461
Drop-In Badminton	18 Y+	FREE/10weeks	Wed 6:30-7:25 pm	Apr 23-Jun 25	N/A
Intermediate Basket-ball	18 Y+	\$70/10weeks	Thu 7:30-8:55 pm	Apr 24-June 26	172502
Walking Group	16 Y+	FREE/10weeks	Wed 6:00-7:00 pm	Apr 24-Jun 26	N/A

VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session

ADULT PROGRAMS

Adult Fitness & Wellness Programs

Program	Age	Cost & Weeks	Day & Time	Dates	Code
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Heighten your mind and body awareness, increase core strength, and improve balance and flexibility.
Please bring your own yoga mat.

Health Flow Yoga	16 Y+	\$67/10weeks	Tue 7:00-7:55 pm	Apr 22-Jun 24	172498
Yin Yoga	16 Y+	\$67/10weeks	Tue 8:00-8:55 pm	Apr 22-Jun 24	172548
Pilates	16 Y+	\$67/10weeks	Thu 6:30-7:25 pm	Apr 24-Jun 26	172537
Core Strengthening	16 Y+	\$67/10weeks	Thu 7:35-8:30 pm	Apr 24-June 26	173052
NEW! Pilates	16 Y+	\$67/10weeks	Sat 11:30 am-12:25 pm	Apr 26-Jun 28	175370

Join us for an energetic and fun-filled class that combines catchy rhythms and easy-to-follow moves for an exhilarating full-body workout!

NEW! Zumba	16 Y+	\$67/10weeks	Tue 6:00-6:55 pm	Apr 22-June 24	172554
Zumba Toning	16 Y+	\$53/9weeks	Sat 3:00-3:55 pm	Apr 26-Jun 28	175371

Join us for a peaceful meditation class designed to help you relax, center your mind, and cultivate inner calm through guided mindfulness techniques.

Meditation	16 Y+	\$67/10weeks	Wed 7:35-8:30pm	Apr 23-June 26	173055
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NEW! Combines strength, endurance, and flexibility exercises to engage all major muscle groups for a full-body workout.

Total Body Workout	16 Y+	\$67/10weeks	Sat 12:30-1:25pm	Apr 26-June 28	175372
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Senior Programs

Meet new people and learn new skills.

Program	Age	Cost & Weeks	Day & Time	Dates	Code
Knitting	55 Y+	FREE	Tue 1:00-3:00pm	All Year Round	N/A



Save the date
VHNA Summer Fest
 Saturday, June 28th, 2025
 Time: TBD



VICTORIA HILLS NEIGHBOURHOOD ASSOCIATION PROGRAMS

Only registered participants are allowed in any program space while programs are in session.

GENERAL PROGRAMS

ONE DAY WORKSHOPS

Program	Ages	Day & Time	Dates	Cost	Code
<p>Join Crafty Crystal for a fun evening of creating & painting your very own "3D Wooden Bunny Sign." Together we will paint, assemble, and glue our signs together. No experience necessary.</p>					
3D Wooden Bunny Sign Painting	6-12 Y	Tue 6:00-7:00 pm	April 8, 2025	\$17	172460
<p>Join Crafty Crystal to create Mom a wooden potted plant for Mother's Day. Together we will paint, assemble, and glue our potted plants together. Each child will go home with their piece of art in a gift bag with tissue paper - ready to gift to Mom! No experience necessary!</p>					
"Happy Mother's Day" Wooden Potted Plant Painting	6-12 Y	Tue 6:00-7:30 pm	May 6, 2025	\$18	172546
<p>Join Crafty Crystal to paint/ stain this "MOM" inspired 3D photo frame. Participants will go home with this beautiful frame to display within their home. No experience necessary!</p>					
"MOM" Love Always 3D Wooden Frame Shelf Sitter	16+	Tue 7:00-8:30 pm	May 27, 2025	\$32	172547
<p>Join Crafty Crystal for a fun Doormat Painting Workshop. Choose from 4 different summer themed doormat stencil designs. Doormats are 2ft x 16" in size. Stencils will be pre-applied to your doormats and be ready to paint when you arrive at the start of the workshop. No experience necessary.</p>					
Paint A Doormat Workshop	16+	Tue 7:00-8:30 pm	June 24, 2025	\$40	173118
<p>CPR-A: is for individuals requiring comprehensive information on First Aid and CPR for their workplace, school, or personal interest. This type of first aid training is helpful to know in case of medical emergencies where the person who will need medical assistance will most likely be an adult.</p>					
CPR - Level A	14+	Sat 9:30am-5:30pm	June 28, 2025	\$130	172511



CITY OF KITCHENER PROGRAMS

Children & Youth Programs

Sports Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Tween Volleyball	9-11 Y	FREE/7weeks	Sat 2:00-3:00 pm	Apr 12-May 31	172341
Youth Volleyball	12-14 Y	FREE/7weeks	Sat 3:15-4:15 pm	Apr 12-May 31	172405
Youth Drop-In	12-17 Y	FREE/9weeks	Sat 6:00-8:00 pm	Apr 5-Jun 7	N/A

Adult & Older Adult Programs

Piano Lessons

Program	Ages	Cost	Day & Time	Dates & Weeks	Code
Piano Lessons for Adults: Beginner	18 Y+	18-54 Y— \$111.65	Tue 3:25-4:20pm	Apr 8-June 17 11 weeks	172060
		55+ — \$91.52			
Piano Lessons for Adults: Beginner	18 Y+	18-54 Y— \$111.65	Tue 6:30-7:25pm	Apr 8-June 17 11 weeks	172056
		55+ — \$91.52			
Piano Lessons for Adults: Continuing	18 Y+	18-54 Y— \$111.65	Tue 7:30-8:25 pm	Apr 8-June 17 11 weeks	172061
		55+ — \$91.52			

Fitness Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Chair Yoga	55 Y+	FREE/10 weeks	Sat 11:30-12:30pm	Apr 12-June 21	172589
Gentle Yoga	55 Y+	FREE/10 weeks	Sat 12:45-1:45pm	Apr 12-June 21	172590
Zumba Gold	55 Y+	FREE/10 weeks	Sat 2:00-2:45 pm	Apr 12-June 21	172592

Summer Camp Registration

Registration opens:

Tuesday, March 18, 8:30am - For Kitchener residents

Tuesday, March 25, 8:30am - For non-Kitchener residents



CITY OF KITCHENER PROGRAMS

Adult & Older Adult Programs

Art Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Oil Painting	18 Y+	FREE/8 weeks	Wed 1:00-2:30pm	Apr 16-June 4	172041

Cognitive Wellness Programs

Program	Ages	Cost & Weeks	Day & Time	Dates	Code
Fit Minds	55 Y+	FREE/12weeks	Wed 9:30-10:30am	Apr 2-June 18	171883

FACILITY RENTALS

The Victoria Hills Community Centre gymnasium is a great location for: meetings, parties (large or small), cultural events, church get-togethers and meetings, sporting events, receptions, anniversaries and family events, as well as special events.

We also have warming kitchens in two of our larger rooms making them ideal for catered and unlicensed events.

Our Centre is fully accessible and caters to individuals of all ages and abilities.

For more information about rental opportunities at the Victoria Hills Community Centre, please call **519-741-2717** or visit kitchener.ca/book

Book A Community Room

You can book a free time to use a room for meetings.



Book A Gym

You can book a free time to use a community center gym for physical activity. Please bring your own equipment



Book free space at your local community centre!





Community Partners

Program	Ages	Day & Time	Dates
Early ON - Drop In	0-6 Y	Friday 9:30 -11:00 am	April 4– June 20 (no program April 18)
House of Friendship - Adventure Learning	Grades 1 to 8 Age 6-13 Y	Monday 4-5:30 pm *limited spots available	April 14– June 16
iHelp Basketball Pro- gram (KW Panthers)	13-17 Y	Thursday 4-6 pm	April 3– June 26
Camino Wellbeing + Mental Health Pathways to Education	Highschool students	Wednesday 4:30-6:30 pm	April 2– June 25
Learn English Make Friends	-	Tues 10-11:30 am Thu 7-8:30 pm	April 1– May 15
Gentle Exercise Community Support Connections	55+	Tuesday & Thursday 9:30-10:30 am	April 1– June 26
AFRO	AFRO—(African Family Revival Organization) run different programs throughout the week for different age groups. Inquire at the front desk for more information.		

COMMUNITY CENTRE SERVICES



House of Friendship Services

Family Outreach worker

Do you have children (up to 17 years) and are wondering how you can connect to resources for basic needs within your community?

Make an appointment with our Family Outreach Worker Dilber
519-498-7468 or dilbers@houseoffriendship.org

Neighborhood Food Program

For the Victoria Hills neighbourhood
Mondays from 12:30 p.m. to 3:30 p.m.
Call for an appointment: **519-404-2276**
Community Development Worker: **Marwa Eid**

Need help? Service in more than 200 language

City staff can help you in your language. Ask us!

Besoin d'aide? Nous pouvons vous aider dans votre langue. Il suffit d'en faire la demande.

للمساعدة؟ يمكننا التحدث بلغتكم لمساعدتكم. ما هو طلبكم

Caawimo ma rabtaa? Waxan kugu caawin karnaa luqadaada. Na weydii!

እርዳታ ይፈልጋሉ? በቋንቋዎ ልንረዳዎ እንችላለን። ተይቁን!

ሓገዝ ትደልዩ? ብቋንቋኹም ከንሕግዘኩም ንኸእል። ሕተቱና!

کمک نیاز دارید؟ ما می توانیم به زبان خودتان به شما کمک کنیم. از ما بپرسید

¿Necesita ayuda? Le podemos ayudar en su idioma. ¡Pregúntenos!



YMCA of
Three Rivers

Yibabie Ghebrehiwet

YMCA Immigrant Services, Settlement Worker

Available at Victoria Hills CC Tuesdays; 9:00am-5:00pm

T: 519-579-9622 ext. 264; Cell: 519-404-6734

E: Yibabie.Ghebrehiwet@ytr.ymca.ca

Mariam Awate

YMCA Immigrant Services, Settlement Worker

Available at Victoria Hills CC Fridays; 9:00am-12:00pm

T: 519-742-8220 C: 226-898-9435

E: mariam.awate@ytr.ymca.ca